

# MOVIPREP Split Dose Instructions

## Two Weeks before your exam

If you are taking Warfarin (Coumadin, Jantoven), Plavix (clopidigrel) Aspirin, Xarelto, Brilinta, Pradaxa, Eliquis, Effient, Lovenox or other blood thinners, consult with your prescribing physician to discuss the management of these medications at **least 2 weeks before your colonoscopy. DO NOT STOP** these medications without the consent of your physician.

## Five to Seven days before your exam

Stop taking non-steroidal anti-inflammatory drugs (i.e. Ibuprofen, Advil, Motrin, and Aleve) 5-7 days prior to your exam.

## Three Days before your exam

- Fill your prescription for MOVIPREP

## Two Days before your exam

- Drink at least 8 glasses of water during the day and stop eating solid foods no later than midnight

## One Day before your exam

**No solid food for the entire day.**

**Clear Liquids only** – breakfast, lunch and dinner. Drink at least 8 glasses of water to avoid dehydration.

Allowed Clear liquids	Non-Clear liquids NOT ALLOWED
Gatorade, Pedialyte or PowerAde	Red or purple items of any kind
Coffee, tea (no milk or non-dairy creamer)	Alcohol
Carbonated and non-carbonated soft drinks	Milk or non-dairy creamer
Kool-Aid or other fruit flavored drinks	Juice with pulp
Apple juice, white cranberry or white grape juice	Hard candy
Jell-O, popsicles	Any liquid you cannot see through
Strained chicken, beef or vegetable broth	

In the morning: Prepare your MoviPrep solution. Empty 1 pouch A and 1 pouch B into disposable container: add lukewarm water to the top line of the container, mix to dissolve and refrigerate.

Begin your prep at 5:00pm. The container is divided by 4 marks. Every 15 minutes drink the solution down to the next mark (8 oz.), until the full liter is completed. Drink an additional ½ liter (16 oz) of clear liquid of your choice. **Prepare the second container of MoviPrep and refrigerate.**

## Morning of your exam

Six hours prior to your procedure begin to drink the second liter. Drink 8 oz. every 15 minutes until the full liter is completed.

Drink an additional ½ liter of clear fluid.

You may drink the additional liquid during and after the prep up to four hours prior to the procedure.

**Four hours before the exam, stop drinking all clear liquids.**

- **DAILY MEDICATIONS**

If you take medication for high blood pressure, seizures, asthma, thyroid disease, irregular heart beat or prednisone, you **must take your medications BEFORE 5 am.**

**NOTHING BY MOUTH FOUR HOURS PRIOR TO YOUR PROCEDURE**