

CLENPIQ Split Dose INSTRUCTIONS

Two Weeks before your exam

If you are taking Warfarin (Coumadin, Jantoven), Plavix (clopidigrel) Aspirin, Xarelto, Brilinta, Pradaxa, Eliquis, Effient, Lovenox or other blood thinners, consult with your prescribing physician to discuss the management of these medications at **least 2 weeks before your colonoscopy. DO NOT STOP** these medications without the consent of your physician.

Five to Seven days before your exam

Stop taking non-steroidal anti-inflammatory drugs (i.e. Ibuprofen, Advil, Motrin, and Aleve) 5-7 days prior to your exam.

Three Days before your exam

- Fill your prescription for CLENPIQ

PLEASE FOLLOW THESE PREP INSTRUCTIONS. DO NOT FOLLOW PACKAGE INSTRUCTIONS.

Two Days before your exam

- Drink at least 8 glasses of water during the day and stop eating solid foods no later than midnight.

One Day before your exam

No solid food for the entire day. Clear Liquids only – breakfast, lunch and dinner. Drink at least 8 glasses of water to avoid dehydration.

Allowed Clear liquids	Non-Clear liquids NOT ALLOWED
Gatorade, Pedialyte or PowerAde	Red or purple items of any kind
Coffee, tea (no milk or non-dairy creamer)	Alcohol
Carbonated and non-carbonated soft drinks	Milk or non-dairy creamer
Kool-Aid or other fruit flavored drinks	Juice with pulp
Apple juice, white cranberry or white grape juice	Hard candy, gum
Jell-O, popsicles	Any liquid you cannot see through
Strained chicken, beef or vegetable broth	

At 5:00pm Take the first dose (**1 bottle**) of CLENPIQ. Follow CLENPIQ by drinking **five 8-oz cups of clear liquid** (40 ounces total) within 5 hours and before bed.

Morning of your exam

Six hours before your exam: Continue to consume only clear liquids. **Take the second dose (bottle) of CLENPIQ. Following the CLENPIQ dose, drink at least three 8-oz cups of clear liquids (24 ounces)**

Four hours before the exam, stop drinking all clear liquids.

If you take medication for high blood pressure, seizures, asthma, thyroid disease, irregular heart beat or prednisone, you must take your medications **BEFORE 5 am.**

NOTHING BY MOUTH FOUR HOURS PRIOR TO YOUR PROCEDURE. No gum, candy or mints. Refrain from smoking the day of your exam.

Verbal instructions and copy given to patient

Date: _____ **Name:** _____